

# Teaching Teenagers



## Overview and Outcomes

This course will further your understanding of teenagers and the implications for teaching and learning in the 21st Century classroom.

You will explore aspects of ‘the teenage brain’, teenage motivation and behaviour and their impact on lesson planning and delivery.

You will observe and evaluate lessons with teenagers, create activities for working with language and also design tasks for developing skills. Towards the end of the course, you will consider the assessment of progress, homework and how to encourage learner autonomy. There will also be space to explore diversity, equity, and inclusion.

An ideal course for any teacher who would welcome the opportunity to re-evaluate their own teaching of teenagers and add ideas and activities to their own bank of resources, all while sharing and collaborating with others.



## Trainers

NILE’s highly experienced trainers are experts, not only in their fields, but also in working with teachers for continuing professional development. Read more about NILE’s trainers, their experience and interests at [The NILE Team](#) on the [NILE website](#).



## Teaching approaches

- We make courses practical and ‘hands-on’, with reference to relevant theory
- Our classes are participant-centred and collaborative, designed to build knowledge and confidence
- We use activities and tasks to help you apply the course content to your setting

## Who is the course suitable for?

- Teachers who would welcome further training in teaching languages to secondary school aged children (11 to 16-year-olds).
- Participants should have a minimum language level corresponding to B2 on the Common European Framework.

## Content

*Teaching Teenagers* covers the following areas:

- Key differences between teaching teenagers and other age groups
- The ‘teenage brain’, motivation and behaviour and implications for the classroom
- Identifying inappropriate behaviour; prevention and/or strategies to manage it
- Different approaches to teaching teenagers (CLIL, TBL, the flipped classroom etc)
- Designing lesson objectives and planning successful lessons
- Presenting and practising language in the teenager classroom (including the use of digital tools)
- Helping learners develop the necessary skills for the 21st Century
- Evaluating progress through homework, tests and self-reflection
- Diversity, Equity and Inclusion. Does everyone have a voice?

Specific course content comes from feedback you and other participants give us through pre-course questionnaires, identifying your needs and priorities.

We build time into the course for reflection, to consider how to adapt the content to your own professional context.

We then support you in creating a strategy for putting your ideas into practice on returning to your institution.

All NILE courses involve a significant element of English language improvement and/or the development of language awareness.

## Timetable

This course consists of 50 hours of tuition, delivered between 09:15 and 16:00, Monday - Friday. You will also take part in cross-curricular workshops on a variety of topics, and each course includes a free evening and weekend programme of social and cultural activities and trips.

Teaching Teenagers Sample Timetable (actual timetable may vary in its detail)					
	Monday	Tuesday	Wednesday	Thursday	Friday
09.00 - 10.30	Welcome and orientation	Understanding teenagers: their brain, behaviour and motivation	Different approaches to teaching teens	Planning successful lessons	Microteaching: Preparation
11.00 - 12.30	Teaching teenagers: An introduction to the key differences	Identifying inappropriate behaviour: prevention and strategies	Designing lesson objectives	Presenting & practicing new language	Microteaching: Presentation
13.30 - 15.30	Drama and role-play	The value of games	Cross-curricular workshop	Digital tools	Microteaching: Feedback and week review
Week 2					
09.00 - 10.30	Developing receptive skills	21st Century skills	Evaluating progress: tests and assessment	Inclusive practices: Does everyone have a voice?	Microteaching: Preparation
11.00 - 12.30	Developing productive skills	Using projects	Evaluating progress: homework and self-reflection	Teacher wellbeing	Microteaching: Presentation
13.30 - 15.30	Discussion and debate	Music and songs in the teen classroom	Cross-curricular workshop	Exploiting a class excursion to the full	Microteaching: feedback Course review and action planning

## Facilities and resources

Each NILE course has a digital learning platform. This gives you access to the materials and the opportunity to share ideas with others while on the course and after you leave.

While at NILE you will also have the use of NILE’s extensive ELT library, an online resource centre, a variety of computing devices, and wi-fi throughout the teaching buildings.

## Certification

Your end-of-course NILE certificate details the areas covered on your course. It comes with recommendations for sharing what you have learnt and implementing your action plan at your institution.

NILE offers homestay accommodation with carefully selected hosts and residential accommodation at the University of East Anglia. NILE’s dedicated student welfare team can be reached 24 hours a day.

A carefully curated and fully accompanied social and cultural programme of trips and visits is provided for all participants free of charge.

The effort we take to make the experience of being on a NILE course both positive and productive has been recognised by inspections from Equals and the British Council. We are proud to be acknowledged as the top-ranking teacher training specialist in the UK.

