NILE ONLINE

Teaching Teenagers

NILE — PART OF THE **INTO** GROUP

Overview and Outcomes

This course will further your understanding of teenagers and the implications for teaching and learning in the 21st Century classroom.

You will explore aspects of 'the teenage brain', teenage motivation and behaviour and their impact on lesson planning and delivery.

You will observe and evaluate lessons with teenagers, create activities for working with language and also design tasks for developing skills. Towards the end of the course, you will consider the assessment of progress, homework and how to encourage learner autonomy. There will also be space to explore diversity, equity, and inclusion.

An ideal course for any teacher who would welcome the opportunity to re-evaluate their own teaching of teenagers and add ideas and activities to their own bank of resources, all while sharing and collaborating with others.

Trainers

- NILE's highly experienced trainers are experts, not only in their fields, but also in working online with teachers for continuing professional development. Read more about NILE's trainers, their experience and interests at The NILE Team on the NILE website.

Teaching approaches

- We make courses practical and 'hands-on', with reference to relevant theory
- Our courses are participant-centred and collaborative, designed to build knowledge and confidence
- We use activities and tasks to help you apply the course content to your setting
- Courses are broken down into individual units and activities, forming a clear structure.
- Tasks are interactive, involving live online sessions, forums and community walls, and utilise a range of multimedia including images, audio files and videos.

Content

Teaching Teenagers covers the following areas:

- Key differences between teaching teenagers and other age groups
- The 'teenage brain', motivation and behaviour and implications for the classroom
- Identifying inappropriate behaviour; prevention and/or strategies to manage it
- Different approaches to teaching teenagers (CLIL, TBL, the flipped classroom etc.)
- Designing lesson objectives and planning successful lessons
- Presenting and practising language in the teenager classroom
- Evaluating digital tools which present and practise language
- Helping learners develop the necessary skills for the 21st Century
- Bringing the 'real world' into the classroom
- Evaluating progress through homework, tests and self-reflection.
- Diversity, Equity and Inclusion. Does everyone have a voice?
- Reflecting on work completed on the course and to identify areas for continuing professional development

Each course has a maximum of 18 participants and consists of 8 units, each introduced and completed over a week, Thursday to Wednesday.

Time will be built into the course for reflection, to consider how to adapt the content to your own professional context. We then support you in creating a strategy for putting your ideas into practice in your institution.

The NILE Online platform was developed specifically for teacher development courses, and upholds the NILE tradition of excellence in tutoring, materials, support and engagement.

Assessment and Certification

- NILE Online Certificate courses have a four-week assignment-writing period at the end of the taught part of the course. It is the only assessed part of the course and is optional. You can complete an assignment if you have achieved the required 80% participation on the course. The assignment is a further chance for you to apply what you have learnt on the course to your professional context.
- Your end-of-course NILE certificate details the areas covered on your course and includes your assignment grade (Pass or Distinction) where relevant.
- The course can be extended to include The Trinity Certificate for Practising Teachers (CertPT) - awarded upon completing an 8-week assignment after the course, fulfilling the skills and knowledge descriptors as set out by Trinity College London.

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Who should apply?

- Teachers who would welcome further training in teaching languages to secondary school-aged children (11 to 16-year-olds).
- Participants should have a minimum language level corresponding to B2 on the Common European Framework.

Requirements and Resources

- Participants need a computer, a headset (with microphone) and an Internet connection. You can do much of the course on a tablet or mobile device, but will need a computer for certain activities.
- All participants have access to NILE's extensive ELT e-Library and the NILE digital learning platform during the course and for a further six months, to access materials and keep in touch with your new colleagues. We also encourage you to sign up to the NILE Membership platform, which provides a great range of free resources for ELT professionals and is updated monthly.

Schedule

This course consists of 8 units, plus an optional end-of-course assignment. Each unit requires approximately 5-7 hours work per week. Live sessions will be held at a time agreed with participants, and recorded for those who cannot attend.

Teaching Teenagers	
Unit 1: **Orientation and Introductions**	**Unit 2:** **Understanding Teenagers**
In this first unit you will learn more about the learning platform, introduce yourselves and get a general overview of the content and your teaching contexts. You will also identify what makes a teenage class different from other age groups and share your thoughts with the others in the group.	In this unit you will explore the teenage brain, teenage motivation, and behaviour. You will then use your findings to discuss the implications for classroom dynamics, interaction, and management.
Unit 3: **Lesson Planning**	**Unit 4:** **Working with Language**
In this unit you will evaluate some different approaches to teaching teenagers. You will also discuss lesson planning, in particular how to design appropriate objectives and outcomes, and stage a successful lesson.	In this unit you will consider the best ways to integrate lexis and grammar development in the teenage classroom. You will discuss existing course book material and look at creating your own. You will also evaluate some digital tools.
Unit 5: **Developing Skills**	**Unit 6:** **Evaluating Progress**
In this unit you will not only look at the more traditional receptive and productive skills, but also some of the 21st Century skills. Then, you will consider how you can help your teenagers develop these skills in the classroom and evaluate a recorded lesson. Towards the end of the unit, you will explore how to bring the 'real world' into the classroom and the benefits of doing so.	In this unit you will begin by reflecting on the purpose of assessment and homework. You will then explore ways to evaluate progress from a formal test to self-reflection. You will also consider the effective use of homework and discuss ways you can encourage learner autonomy and good study skills.
Unit 7: **Diversity, Equity and Inclusion**	**Unit 8:** **Course Review and Assignment Preview**
In this unit you will be encouraged to consider all the members of your class, their own learning needs and how you can meet these needs, even in a large class. You will discuss personalisation and differentiation and ways to make sure everyone has a voice.	In this final unit we will begin by looking at Teacher Well-Being. We'll then review the whole course and look at what you need to do for your assignment. You will decide which Final Assignment to do and start your Pre-Assignment Task, so you can get some feedback before you start the real thing. Finally we'll have a virtual goodbye party!
Assignment	
Option A	**Option B**
Plan and carry out some action research in a teenage classroom, analyse the results and draw up a plan of action.	Decide on an appropriate learning objective for a group of teenagers and create a lesson plan which will help meet this objective.

At NILE we are committed to offering the best in language teacher training. As such, NILE Online courses were developed specifically to recreate the classroom experience and thus, we provide two-way tutorial contact in our online courses. Online participants will benefit from tutor interaction, support and feedback in each unit they take.

NILE Online is the first online course provider aligned to the Cambridge English Teaching Framework. NILE Online courses are also formally aligned to the Eaquals Framework for Language Teacher Training and Development, and the effort we take to make the NILE Online experience both positive and productive has been recognised by inspections from AQUEDUTO, The Association for Quality Education and Training Online.